

## ***Emergency/Crisis Hotlines***

*(Local) Fire / Ambulance / Police 9-1-1*

*(Province-wide) Professional Health Advice and Mental Health Support 8-1-1*

### ***Child Abuse Lines***

*Report all incidents of suspected, observed, or disclosed abuse to your nearest:*

*Ministry of Social Services Office*

*First Nations Child and Family Services Agency*

*Local Police/RCMP*

*For all after hours incidents or concerns, immediately contact your nearest After Hours Crisis Centre:*

*Prince Albert 306-764-1011*

*Regina 306-569-2724*

*Saskatoon 306-933-6200*

*Local Police/RCMP in other communities or*

*Your local First Nations Child and Family Service Agency*

### ***Children***

*(Canada) Kids Help Phone*

*24/7 Hours*

*1-800-668-6868*

*Text 686868*

*Prince Albert Children's Haven (Emergency Care for Children)*

*24/7 Hours*

*306-922-4454*

*Haven Family Connections* ((Saskatoon Emergency Care for Children)

*24/7 Hours*

*306-242-2433*

## ***Crisis Units***

(Central Saskatchewan) *West Central Crisis and Family Support Centre*

*Monday – Friday 9:00 am – 12:00 pm, 1:00 – 5:00 pm*

*After Hours: 306-933-6200*

*306-463-6655*

(North Saskatchewan) *Piwapan Women’s Centre* – *Crisis Line*

*24/7 Hours*

*306-425-4090*

*Prince Albert Mobile Crisis Unit*

*Monday – Friday 4:00 pm – 8:00 am*

*Saturday – Sunday 24 hours*

*306-764-1011*

*Regina Mobile Crisis Services* – *Mobile Crisis Hotline*

*24/7 Hours*

*306-757-0127*

*Saskatoon Mobile Crisis*

*24/7 Hours*

*306-933-6200*

*Southwest Crisis Services*

*24/7 Hours*

*1-800-567-3334*

## ***Domestic Violence***

*(Central Saskatchewan) [West Central Crisis and Family Support Centre](#) – Victim Assistance & Support Team*

*24/7 Hours*

*306-463-1860*

*Lloydminster Interval Home – Domestic Violence/Abuse Crisis Line*

*24/7 Hours*

*780-875-0966*

*(North Saskatchewan) [Northeast Crisis Line](#)*

*24/7 Hours*

*1-800-611-6349*

*(North Saskatchewan) [Piwapan Women’s Centre](#) – Crisis Line*

*24/7 Hours*

*306-425-4090 or 306-764-1011*

*[Family Service Regina](#)*

*Monday – Friday 8:30 am – 12:00 pm, 1:00 – 4:30 pm*

*306-757-6675*

*[Regina Transition House](#) – Domestic Violence/Abuse Crisis Line*

*24/7 Hours*

*306-569-2292*

*(Saskatchewan) [Saskatoon Interval House](#) – Women’s Abuse Crisis Line*

*24/7 Hours*

*1-888-338-0880*

*[Family Service Saskatoon](#)*

*Monday – Friday 9:00 am – 5:00 pm*

*306-244-0127*

*(Yorkton) [Shelwin House](#) – Domestic Violence Crisis Line*

*24/7 Hours*

*1-888-783-3111*

(South Saskatchewan) [Moose Jaw Transition House](#) – Domestic Violence Crisis Line

24/7 Hours

306-693-6511

[Southwest Crisis Services](#) – Safe Shelter

24/7 Hours

306-778-3386

## **Gambling**

[Saskatchewan Problem Gambling Help Line](#)

24/7 Hours

1-800-306-6789

## **General Crisis Counselling**

[Canadian Human Trafficking Hotline](#)

24/7 Hours

1-833-900-1010

(Canada) [First Nations and Inuit Hope for Wellness Help Line](#)

24/7 Hours

1-855-242-3310

(Canada) [Indian Residential School Crisis Line](#)

24/7 Hours

1-866-925-4419

(Canada) [Trans Lifeline](#) – Support for Transgender people

1-877-330-6366

(Canada) [Veterans Crisis Help Line](#)

24/7 Hours

1-800-268-7708

*(Central Saskatchewan) West Central Crisis and Family Support Centre  
Monday – Friday 9:00 am – 12:00 pm, 1:00 – 5:00 pm  
After Hours: 306-933-6200  
306-463-6655*

*(North Saskatchewan) Northeast Crisis Line  
24/7 Hours  
1-800-611-6349*

*(North Saskatchewan) Piwapan Women’s Centre – Crisis Line  
24/7 Hours  
306-425-4090*

*Prince Albert Mobile Crisis Unit  
Monday – Friday 4:00 pm – 8:00 am  
Saturday & Sunday – 24 hours  
306-764-1011*

*Regina Mobile Crisis Services – Crisis Line  
24/7 Hours  
306-525-5333*

*Saskatchewan Farm Stress Line  
24/7 Hours  
1-800-667-4442*

*Saskatoon Mobile Crisis  
24/7 Hours  
306-933-6200*

### ***Seniors Abuse & Neglect Response Lines***

*Prince Albert Mobile Crisis Unit  
Monday – Friday 4:00 pm – 8:00 am  
Saturday, Sunday & Statutory Holidays – 24 hours  
306-764-1011*

*Regina Mobile Crisis Services – General Crisis Line  
24/7 Hours  
306-757-0127*

*Saskatoon Mobile Crisis*

*24/7 Hours*

*306-933-6200*

***Sexual Assault***

*(Central Saskatchewan) West Central Crisis and Family Support Centre – Victim Assistance & Support Team*

*24/7 Hours*

*306-463-1860*

*(North Saskatchewan) Northeast Crisis Line*

*24/7 Hours*

*1-800-611-6349*

*Prince Albert Mobile Crisis Unit – Sexual Assault Line*

*24/7 Hours*

*306-764-1039*

*(Saskatchewan) Regina Sexual Assault Centre – Sexual Assault Line*

*24/7 Hours*

*1-844-952-0434*

*(Saskatchewan) Saskatoon Interval House – Women’s Abuse Crisis Line*

*24/7 Hours*

*1-888-338-0880*

*Saskatoon Sexual Assault and Information Centre – Sexual Assault Crisis Line*

*24/7 Hours*

*306-244-2224*

## ***Suicide Prevention Lines***

*(Canada) [Crisis Services Canada](#) – Suicide Prevention and Support*

*24/7 Hours*

*1-833-456-4566*

*[Prince Albert Mobile Crisis Unit](#)*

*Monday – Friday 4:00 pm – 8:00 am*

*Saturday, Sunday & Statutory Holidays – 24 hours*

*306-764-1011*

*[Regina Mobile Crisis Services](#) – Suicide Line*

*24/7 Hours*

*306-525-5333*

*[Saskatoon Mobile Crisis](#)*

*24/7 Hours*

*306-933-6200*